Key:

- * Needs egg substitute
- Flavor of product

Meats

- All plain meats
- Applegate Farms meats

Milk

- Rice milk
- Hemp milk

Grains

- Rice
- Quinoa
- Oatmeal
- Barley

Brown Rice Pastas

- Tinkyada
- Jovial
- DeBoles
- Hodgson Mill
- Lundberg

Bread Mixes

- Black Bean Brownie Mix from Anna*
- Classic Herb Bread Mix from Anna*
- Namaste all mixes*
- Full Circle all mixes*
- King Arthur Bread and Pizza Crust Mix*
- Chebe all mixes*
- Better Batter all mixes*
- Stashu's

Already Made Bread

- EnerG White Rice Yeast Free Bread
- Food for Life Brown Rice Bread

Pancake and Waffle Mixes

- Namaste*
- King Arthur*
- Full Circle*

Cereal

- Erewhon Crispy Brown Rice
- Enjoy Life Rice and Flax Cereals
- Cocoa Pebbles, Fruity Pebbles, Marshmallow Pebbles
- Rice Chex
- Bob's Red Mill: "Creamy Rice" Brown Rice Farina Cereal and Organic Creamy Buckwheat Cereal

Hy-Vee Products Safe for Top 8 Allergies + Corn

- Envirokids Koala Krisp Cereal
- Arrow mill puffed rice cereal

Granola Bars

Enjoy Life

Oatmeal

- Arrowhead Mills – Quinoa and Oat Steal Cut Oats

Bread Crumbs

- Hol-Grain All mixes
- lan's panko bread crumbs
- Hodgson Mills seasoned coating mix

Crackers

- Food Should Taste Good
 - o Peppercorn blend brown rice crackers
 - Roasted red pepper brown rice crackers
- Van's Simply Delicious
 - Lots of everything crispy whole grain crackers
 - Multigrain
 - Fire roasted veggie
 - o The perfect 10
- Back to Nature multi-seed rice thin crackers
- Crunch Master
 - 7 ancient grains cracker
 - Grammy crisps cinnamon and sugar
- Luke's
 - Multi-seed Multigrain and Seed Crackers
 - Chia Seed
 - Bean and Seed
- HolGrain brown rice crackers lightly salted

Chips

- Maya Kaimal
 - o Chickpea chips
- The good bean chips sweet chili flavor
- Kettle brand potato chips
- Terra real vegetable chips
 - o BBQ
 - Sweets medley
 - Sweet potato
 - Exotic potato
- Tyrrells
 - Sea salt
 - Sweet chili red pepper
- Good health kettle chips sea salt flavor
- Bare
 - Great granny apple chips

- Ruffles
 - o Sea salted reduced fat potato chips
- Lays
 - Sea salted thick cut potato chips

<u>Fruit</u>

- Fresh fruit
- Fruit canned in juice

Vegetables

- Fresh vegetables
- Plain frozen vegetables

Miscellaneous

Salad Dressings

- Maple Grove Farms of Vermont
 - o Cranberry balsamic
 - Vidalia onion
 - o Raspberry balsamic champagne
 - o Honey Dijon
- Annie's
 - o French
 - Wasted red pepper
 - o Pomegranate
 - Lite raspberry
 - o Balsamic
 - o Papaya poppy seed
 - Green garlic